



Science for Compliance

ILC MICRO-CHEM, INC.

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Visit our website for
information on the
services that we can
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our full scope of SCC
accredited methods:
www.ilc-micro-chem.com



Public Health Agency
of Canada Pathogen
and Toxin License



Ontario Menu Labelling Regulations

By January 1, 2017 all restaurants (including fast food establishments), movie theatres, supermarkets and convenience stores with 20 or more locations in Ontario are required to post calorie counts of each item, including alcohol in a concise and accessible manner, on their menus/menu boards, on tags in display cases and at drive-thru's so that customers can make informed and healthy decisions.

The Ontario *Healthy Menu Choices Act, 2015*¹ and its regulation² sets out the parameters for menu labelling and contains the majority of the relevant definitions, describes information that must be displayed, provides for inspection procedures and sets out enforcement measures when the law is contravened.

According to the Act, all calories must be determined by lab testing or nutrient analysis. If you have not done so already, contact ILC Micro-Chem, Inc. as soon as possible to help you get all your food items tested for calories.

¹ S.O. 2015, c.7, Schedule

² O.Reg.50/16

Health Canada's On-Line Consultations

Front-of-Package On-Line Consultation:

The Healthy Eating Strategy for Canada was just launched on October 24, 2016. One of the intended outcomes of this strategy is to help make the healthier food choice the easier choice. In order to achieve this, Health Canada is proposing to introduce front-of-package labelling requirements on pre-packaged foods high in nutrients of public health concern (sodium, sugars and saturated fat). Front-of-package nutrition labels can help consumers make choices when buying food and will also encourage the food industry to reformulate foods to be lower in these nutrients. In addition, updating certain claims and labelling requirements for some high intensity sweeteners (i.e., aspartame, sucralose, acesulfame-potassium and neotame) are being proposed. Link: <http://www.healthycanadians.gc.ca/health-system-systeme-sante/consultations/labels-nutrition-etiquetage/index-eng.php>

On-Line Consultation on Proposal to Eliminate the use of Partially Hydrogenated Oils:

Another one of the initiatives highlighted in this strategy is the elimination of industrially produced trans fats in foods. Health Canada has launched a 60-day consultation on its proposal to eliminate the use of partially hydrogenated oils (main source of these trans fats) in foods sold in Canada. Eating foods that have trans fats increases the risk of heart disease and the elimination of such will help protect the health of all Canadians. Canadians and stakeholders are invited to provide comments on Health Canada's proposal to prohibit the use of partially hydrogenated oils by January 13, 2017. The Government of

of Canada and Health Canada are committed to openness and transparency and wants everyone to spread the news about the front-of-package consultation and on-line consultation on proposal to eliminate partially hydrogenated oils. Together, they are providing increased opportunities to participate in discussions on government policies and priorities.

<http://www.healthycanadians.gc.ca/health-system-systeme-sante/consultations/hydrogenated-oils-huiles-hydrogenees/index-eng.php>

**Redacted from the Winter 2016 Food Safety Guardian Newsletter published by the Ontario Food Protection Association Health Canada News. By Shirley May Chalouh, Ontario Region Health Canada.*

Compliance Dates

Manufacturers will have until July 26, 2018 to comply with the final U.S federal requirements. Manufacturers with less than \$10 million in annual food sales will have an additional year to comply with the new rules. Contact ILC Micro-Chem for assistance with all your Canadian and U.S. labelling needs.

For more information about the Changes to the Nutrition Facts Label and the final rules, please visit:

Link: <http://www.fda.gov/Food/GuidanceRegulation/GuidanceDocumentsRegulatoryInformation/LabelingNutrition/ucm385663.htm#formats>

ILC Micro-Chem is proactively implementing methods for Vitamin D and Residual Solvents

Customer Testimonials

"We thought we should let you and your team know that we really do appreciate the excellent customer and technical services we receive from you; we do value our relationship!"

-Quality Assurance Manager, Ontario.

"On behalf of the Quality Assurance Team at <undisclosed customer>, I am very pleased to communicate our satisfaction with the Food and Beverage testing services of ILC Micro-Chem Inc. We have experienced consistent quality results on time and our inquiries are handled professionally. We are well aware of ILC's current scope of accredited Microbiology and Nutritional Chemistry related testing capabilities. We have compared and found that ILC testing prices are very competitive and their customized consulting and Sample pick up services are unique.

We are pleased to recommend ILC Micro-Chem Labs for your routine and specialized outsourced analytical and consulting requirements."

-Processing Operations Manager, Ontario.

MISSION STATEMENT

ILC Micro-Chem, Inc. is committed to providing the highest quality and most cost-effective product testing services in partnership with the Food, Pet Food, Natural Health Products and other related industries. Using government approved methods and state of the art equipment, our professional staff of scientists and technicians strive to meet the changing needs of our customers. Personal service is our trademark and the foundation of our business. ILC Micro-Chem, Inc. is committed to guaranteed fast turnaround times, personal attention and flexible services that do not compromise the quality of our results. Customer satisfaction is our ultimate goal.

OUR SERVICES

ILC Micro-Chem is ISO/IEC 17025: 2005 accredited through the Standards Council of Canada to provide analyses to Canadian, US and overseas clients. We provide Labelling of Foods, Pet Food Nutritional Profiles, Microbiological and Chemical Analyses, Environmental and Water Analyses, Allergen Testing, Vitamins and Amino Acid Profiles, Shelf-Life Studies, Consultation Services, Quality Assurance Programs, Regulatory Requirements and Plant Inspections.

For more information about our organization and details on the services that we offer, please feel free to visit our website or call us directly.

We're on the Web!
www.ilcmicro-chem.com